

## CHILDRENS' MENU

Week 5<sup>th</sup> September 2016

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Each day the children have a choice of cereals followed by toast and fruit and a drink of milk				
MORNING SNACK	Toasted muffins	Fruit toast	Toasted bagels	Toasted brioche	Toasted crumpets
LUNCH MAIN COURSE	chicken casserole or stir fried vegetables and noodles	Breaded fish mashed potato and peas or turkey and leek pie	Garlic chicken, salad and wraps with potato wedges or chilli and rice	Cauliflower cheese pie and veg or chicken chow mein And focaccia	Toad in the hole with veg or pasta and smoked bacon in tomato sauce
LUNCH DESSERT CHOICE	Strawberries and strawberry fool	Rice pudding and raisins	Apple strudel and custard	Bananas and ice cream	Pears and yoghurt
AFTER-NOON SNACK	Tomato flat bread veg sticks and dip	Toasted naan bread veg sticks and dip	Crackers and soft cheese and veg sticks	Pitta and humous and veg sticks	Bread sticks veg sticks and houmous
TEA	Fishcakes and beans and fresh fruit	Soup and sandwiches and fresh fruit	tuna and sweetcorn pasta salad and fresh fruit	Asparagus and leek soup with crusty bread fresh fruit	Baked potatoes with cheese and fresh fruit